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**PERSONAL DEVELOPMENT FORM
CATEGORY I & III**

Please Print and use the back of the page if necessary for completing questions

Please complete a box for each activity on separate forms.

- Book
- Article
- Research
- Other
- Video/Webinar

Length of Video _____

Total CEU Credits _____
(see sample log sheet)

TITLE OF MATERIAL: _____

AUTHOR / PRODUCER: _____

PUBLISHER / DISTRIBUTOR: _____

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#OF PAGES _____ = _____ CEUs (SEE SAMPLE LOG SHEET)

All relevant questions must be answered and submitted with this form.

1. Why did you choose this activity?

2. What was it about?

3. Names of those members involved.

4. What have you learned?

5. Explain how you may use this information in your practice.

6. Would you recommend this material to other therapists? Why?

7. Has this material encouraged you, or inspired you, to revitalize your commitment as a reflexology therapist? How?

Member Name _____ Member # _____

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Please submit this form with the CEU activity log sheet.

