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RAC – PERSONAL DEVELOPMENT

CATEGORY I ONLY

MEMBER NAME & NUMBER _____

Please complete a box for each activity on separate forms.

- Book
- Video
- Article
- Research*
- Other

Total CEU Hours _____

Total CEU Credits _____

TITLE OF MATERIAL: _____
AUTHOR / PRODUCER: _____
PUBLISHER / DISTRIBUTOR: _____
ISBN: _____
CHAPTER(S) / #OF PAGES _____
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On separate paper, with each question identified by number, please “type” your answers to the following six questions and attach to this form.

1. Why did you choose this activity?
2. What was it about?
3. Names of those members involved
4. What have you learned?
5. Explain how you may use this information in your practice.
6. Would you recommend this material to other therapists? Why?
7. Has this material encouraged you, or inspired you, to revitalize your commitment as a reflexologist? How?

This form must be returned to RAC to fulfill Category I requirements.

Member Signature _____

Date _____

<i>Office Use Only</i>	
Date Received _____	Date Processed _____